



ST. ANTHONY

Bulldog Challenge 2023

Running for those gone but never forgotten

Race Information

Race Options:

10K run | 5K run/walk | 2-mile run/walk

Date & Time:

Saturday, August 12 | 8:00AM

Place:

St. Anthony High School

Contact Details

Interested in becoming a race sponsor or dedicating a memorial?

Call Rachel Grunloh:

(217) 663-6373

Email:

stanthonymbulldogchallenge@gmail.com

Proceeds

Will be donated to St. Anthony Athletics

Preregistration: \$25

Includes T-Shirt | Ends July 31

Race packets available for pickup at St. Anthony High School
August 11, 4:00PM-6:00PM | August 12, 6:00AM-7:30AM

Online:

<https://runsignup.com/Race/IL/Effingham/BulldogChallenge>

By Mail:

To Address: 701 Park Hills Drive, Effingham IL, 62401

Please make checks payable to St. Anthony Booster Club

Mailings received after July 31 will not guarantee a T-Shirt.

Registration day of race: \$30

Does not include T-Shirt | Closes at 7:30AM

Prizes

Four \$100 prizes:

Overall Male 5K & 10K | Overall Female 5K & 10K

Registration Form

Name: _____ Age on Race Day: _____

Phone Number: (_____) _____ Email: _____

Gender: Male Female

Choose a race to enter: 10K Run 5K Run/Walk 2 Mile Run/Walk

Shirt size (preregister by July 31): XS S M L XL XXL No Shirt
 Youth S Youth M Youth L Youth XL

See back for waiver

Waiver

I for myself, my executors, administrators, and assignors, do hereby release Bulldog Challenge Run/Walk, the city of Effingham, St. Anthony Parish and Schools and their agents, employees, volunteers, heirs, etc. from all claims, damages, demands, actions, and causes of action whatsoever in any manner arising or growing out of my participation in these events, understanding that the weather and ground conditions may be hazardous. I attest and verify that I have knowledge of the risks involved in this event and I am physically fit and sufficiently trained to participate in the event. All persons under the age of 18 must have a guardian signature.

By checking this box, I agree to the waiver above

Signature (parent/guardian if under 18): _____ Date: MM / DD / YYYY